



SAVE A LIFE

STOP THE BLEED® Course American College of Surgeons

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Version 2



BLEEDINGCONTROL.ORG

STOPTHEBLEED.ORG



100+years

AMERICAN COLLEGE OF SURGEONS

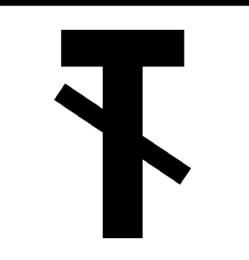
Inspiring Quality:

Highest Standards, Better Outcomes

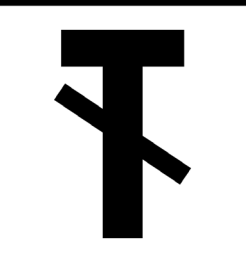
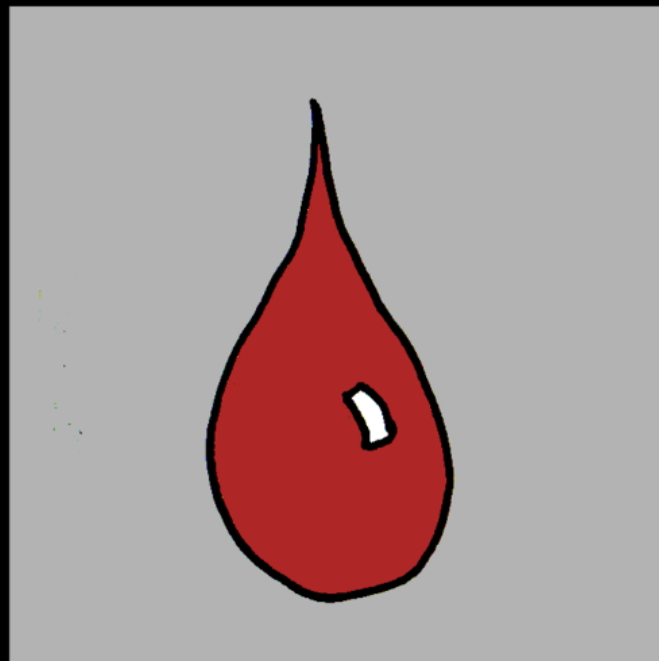
Why Do I Need This Training?

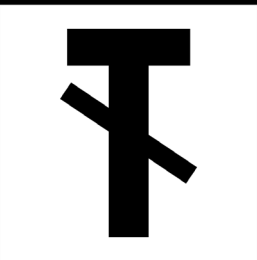
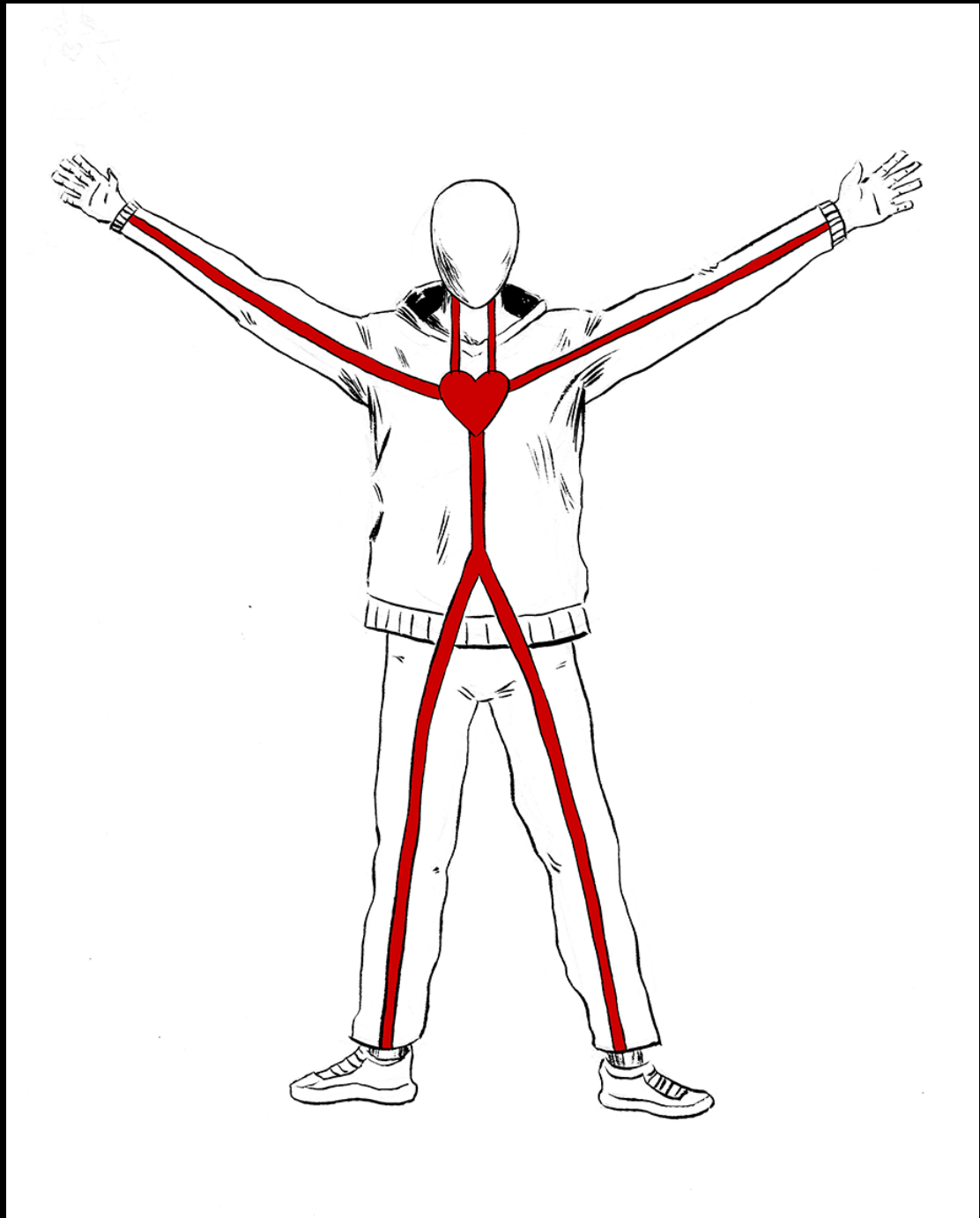
**The #1 cause of preventable
death
after injury is **bleeding**.**

Alert

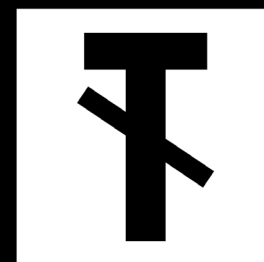
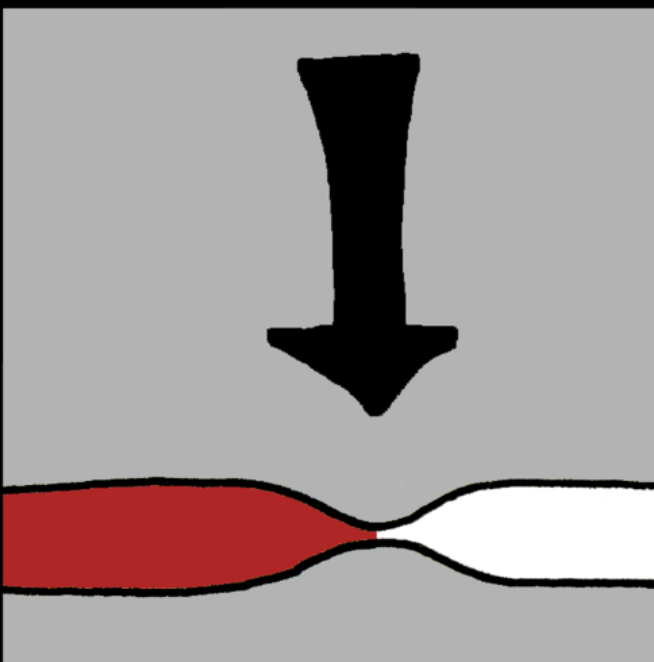


Bleeding





C compress



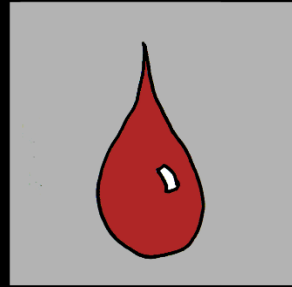
Check your surroundings, and be safe!

Alert



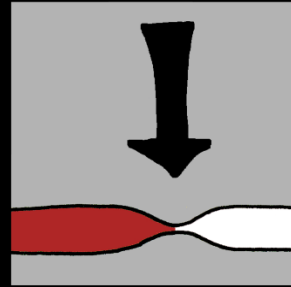
Call 9-1-1

Bleeding



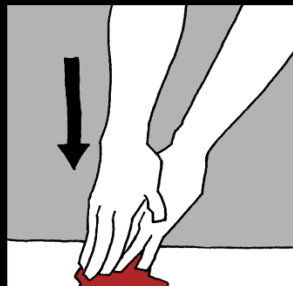
Identify the injury

Compress



Stop blood flow

1. Pressure



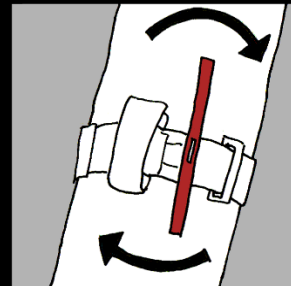
Direct pressure

2. Pack

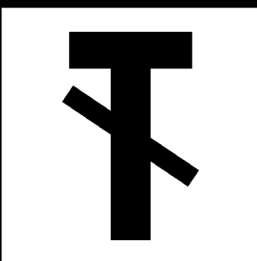


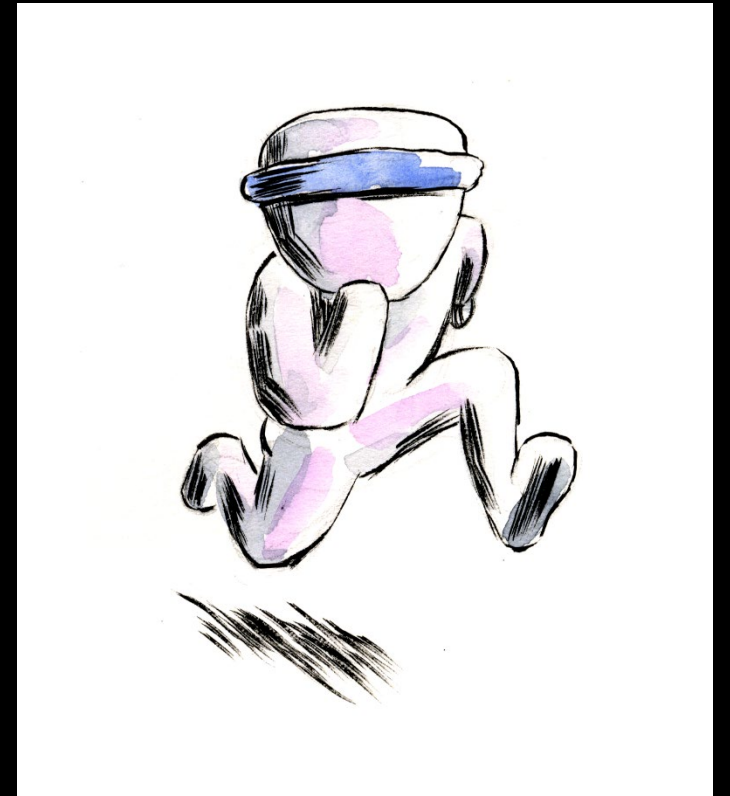
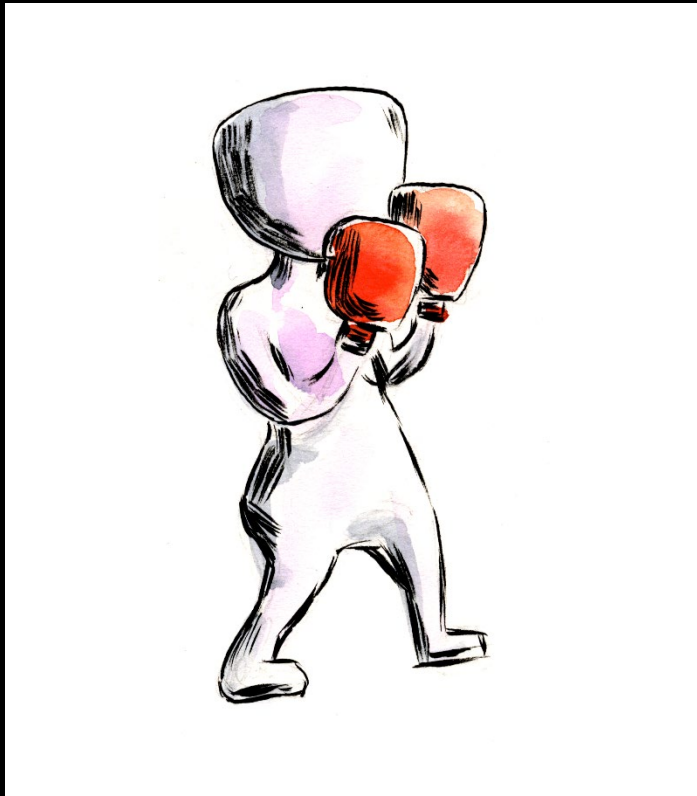
Pack wound

3. Tourniquet

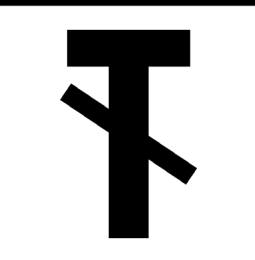


Follow the 4 T's





Stress Response



A How to **Heal**





Mini Trauma First Aid Kits:

T Pouch

Gloves

Compressed Gauze

ABD Pad

Bandana

Mini Flashlight

Lava Rock Bracelet

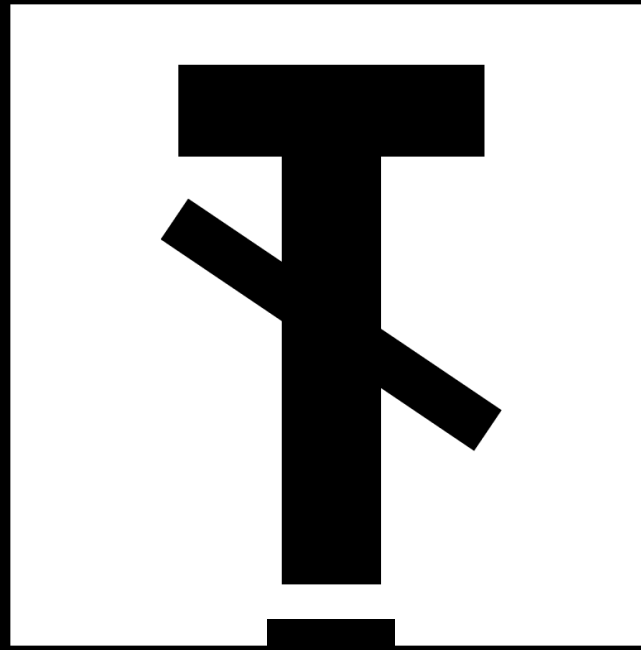
UPDATED! Virtual Learning Plan

Participants watch video (15 minutes)

Participants receive materials which include small training kit

Live Virtual Learning Session with breakout rooms to assess skills (40 minutes)

In person confirmation with tourniquet practice for qualified participants as public health concerns allow.



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